



# First Race 5K 2019

January 1, 2019 at 11am, Hotel On North

**Race Start time** is 11 AM, with the buffet following the run

**Menu:** Hotel On North style- Carb bar (pasta option), eggs, salad and whole fruit.

-1 adult beverage included with buffet.

**Registration Fee:** \$30 includes post race buffet, 1 free beer and awards, and possibly a few other surprises!

**Day of Race Registration** \$35

Make checks payable to: Berkshire Running Center, 34 Depot St., Pittsfield, MA 01201



First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Gender: M F Age: \_\_\_\_\_ Email: \_\_\_\_\_

I have Read and Agree To Race Waiver: \_\_\_\_\_  
(Under 18 must have parent or guardian sign) (participant signature)

**First Race 5K Race Waiver:**

In consideration of the acceptance of this entry: myself, heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against The Berkshire Running Center, all race sponsors, organizers, volunteers, officials, USATF and the cities and towns participating for any and all injuries suffered by me while competing in, and traveling to or from this event. I attest that I am physically fit and sufficiently trained to compete in this event. I also willingly release my image for photography, video, and film cameras which may chronicle this event. If the event is cancelled due to extreme weather no refunds will be issued.