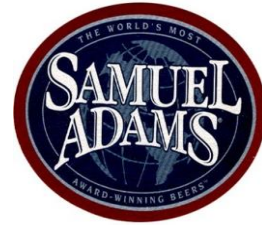


# Frosted Mug 5K Series 2019



**January 27<sup>th</sup>, February 10<sup>th</sup>, February 24<sup>th</sup> and March 10<sup>th</sup>**

Race #1: Sunday, January 27th starting/finishing at Olde Heritage House in Lenox, MA.  
Race #2 Sunday, February 10th starting/finishing at J. Allens Clubhouse & Grill in Pittsfield, MA.  
Race #3 Sunday, February 24th starting/finishing at Dewey's Public House in Dalton, MA  
Race #4 Sunday, March 10th starting/finishing at Zucchini's in Pittsfield, MA

- All races will Start at 11:00 AM
- Registration Fee is \$30 each race | or \$100 for all 4 races
- Day of Race Registration will be from 10:00 AM-10:45 AM, cost for day of \$35
- All races will include a free buffet for runners from 12-1PM
- 21 and over, 1 free Boston Beer Company Beverage at the end of each race!
- Races will be timed by Berkshire Running Center.
- Prizes and Raffles!
- If you signed up and you can't make a race your welcome to transfer it!
- Races will happen in just about all weather conditions. In the event of severe weather every attempt will be made to reschedule! No refunds will be made.

Register online at [www.berkshirerunningcenter.com](http://www.berkshirerunningcenter.com) or mail in this form.

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First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Age on January 27th , 2019 \_\_\_\_\_ Gender: M / F

Email address: \_\_\_\_\_

Race: 1/27/19 2/10/19 2/24/19 3/10/189 All 4 (\$30 each/\$100 all 4)

Waiver: In consideration of the acceptance of this entry: myself, heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Berkshire Running Center, all race sponsors, organizers, volunteers, officials, USATF and the cities and towns participating for any and all injuries suffered by me while competing in, and traveling to or from this event. I attest that I am physically fit and sufficiently trained to compete in this event. I also willingly release my image for photography, video, and film cameras, which may chronicle this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Make checks to: Berkshire Running Center, 34 Depot St. Pittsfield, MA 01201