

**Founders Day 5k Run & 1 mile walk**  
**Saturday, September 19<sup>st</sup> 8:15am**  
**Lee Middle & High School**  
**300 Greylock St. Lee, MA**

**Race Information:**

Start and finish for walk & run are at Lee Middle and High School, 300 Greylock St.

**Registration and Packet Pick-up Information:**

Register by mailing in a registration for \$15.00 or in person on race day for \$20.00.  
Race day registration at the front door of Lee Middle & High School starting at 7:15.

**Course Description:** 5K and 1 mile walk start and finish at Lee Middle and High School. 5K will have the option of running the course clockwise or counter-clock wise, your choice! Greylock Street to East Street to East Center and back onto Greylock OR choose to run in the opposite direction! Prizes for the overall winners in both directions!

**Awards:** Top three overall Male and Female and age group award winners

**Additional Information:**

T-shirts to all pre-registered runners/walkers and limited amount available on race day.

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**Mail Entry Form and make Checks payable to:**

Wildcat Cross-Country Booster, 130 Orchard Street, Lee, MA 01238

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NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ SEX: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP \_\_\_\_\_

T-shirt size small \_\_\_\_\_ medium \_\_\_\_\_ large \_\_\_\_\_ x-large \_\_\_\_\_

5K run \_\_\_\_\_ or 1 mile walk \_\_\_\_\_

Check \_\_\_\_\_ Cash \_\_\_\_\_ Sponsor \_\_\_\_\_

**WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release the Lee Cross-Country Team, City of Lee, The Founders Day Committee, and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

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Signature (Parent's Signature If under 18)

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Date