



## The Thankful 5K Run/Walk

Thursday, November 24<sup>th</sup>, 2016      8AM

Berkshire Running Center 34 Depot St, Pittsfield MA 01201

**In Store Registration ONLY Monday-Friday 10-6 Saturday 10-5**

**Registration opens on November 1st**

**FREE to the first 200 registered runners/walkers**

**\*Donations of \$20 or more to the Department of Children & Families Holiday Fund will receive a Thankful tech shirt~**

**\*Food donations of non-perishable food items will be delivered to the South Church Food Pantry**

First: \_\_\_\_\_ Last: \_\_\_\_\_

Gender M / F      Age: \_\_\_\_\_

Email: \_\_\_\_\_

In consideration of the acceptance of this program: myself, heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Berkshire Running Center, the cities and towns participating for any and all injuries suffered by me while competing in, and traveling to or from this program. I attest that I am physically fit and sufficiently trained to compete in this program. I also willingly release my image for photography, video, and film cameras, which may chronicle this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/!Guardian!signature!if!under!18: \_\_\_\_\_