

RISE UP 5K

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	ROBIN AVERY		RUNNER	4182	00:25:55.77	8:20/m	7.2mph	F	60	
2	NICOLE CAIRNS		RUNNER	4180	00:27:17.96	8:47/m	6.8mph	F	46	
3	VINCENT DRAGONETTI		RUNNER	347	00:29:50.85	9:36/m	6.2mph	F	10	
4	REGINA DILEGO		RUNNER	4186	00:31:09.30	10:01/m	6.0mph	F	59	
5	KATE HEKIN		RUNNER	4192	00:31:39.65	10:11/m	5.9mph	F	40	
6	SANDRA HAYWOOD		RUNNER	4191	00:32:22.25	10:25/m	5.8mph	F	56	
7	CAROL CHUSENETTE		RUNNER	4185	00:32:37.25	10:30/m	5.7mph	F	63	
8	AMANDA HOWLAND		RUNNER	4193	00:32:50.98	10:34/m	5.7mph	F	42	
9	BUFFY LORD		RUNNER	4197	00:32:59.60	10:37/m	5.7mph	F	0	
10	ANNMARIE CAIRNS		RUNNER	4181	00:33:24.90	10:45/m	5.6mph	F	46	
11	DEBORAH ELLSWORTH		RUNNER	4183	00:33:48.64	10:53/m	5.5mph	F	48	
12	MARTA DRAGONETTI		RUNNER	346	00:34:09.14	10:59/m	5.5mph	F	38	
13	DYLAN FURLANO		RUNNER	4189	00:35:19.98	11:22/m	5.3mph	F	24	
14	MARY WILK		RUNNER	110	00:37:13.13	11:59/m	5.0mph	F	58	
15	CYBELE KILBY		RUNNER	4194	00:37:42.47	12:08/m	4.9mph	F	32	
16	JULIA BOWEN		RUNNER	318	00:38:23.86	12:21/m	4.9mph	F	44	
17	ALEX RANCK		RUNNER	4198	00:44:26.79	14:18/m	4.2mph	F	24	